

# The Chalice Light

Vol. 46, Issue 4 April, 2017



## April, 2017 Calendar

*All events are held at the UUCRT unless otherwise noted. Italicized events are not UU sponsored but may be of interest to congregants.*

*UUCRT Qigong will no longer be on the calendar as an ongoing scheduled program. If you intend on coming to morning qigong, please call (845) 562-1911 Saturday evening to verify availability.*

**April 2, Sunday** – Equal Exchange fundraising table  
– 10:30 a.m. Religious Exploration for children  
-- 12:15 p.m. Soul Matters “Transformation” with Rev. Chris 12:15 to 1 p.m. in Room 20.

**April 4 Tuesday** – 7 p.m. *Orange County Psychic Experiences Group*

**April 7, Friday** – *Phil Ochs tribute concert.*

**April 8, Saturday** – 10 a.m.- Noon. Book discussion group on “Building a Movement to End the New Jim Crow”  
--12:15 p.m. Black Lives Matter task force at the Alexis Diner in Newburgh  
– 7:30 p.m. *Hudson Valley Folk Guild Coffee House*

**April 9, Sunday** – Noon: Potluck luncheon.

**April 19, Wednesday** – 5 p.m. Orange County Human Rights Commission dinner featuring award to Rev. Antal at Kuhl’s Highland House, Middletown. See story and flyer.

**April 23, Sunday** – 8:30 a.m. New to the UU breakfast with Rev., Chris  
--12:30 p.m. Board of Trustees

--3 p.m. *Veterans For Peace meeting*

**April 29, Saturday** – 7 p.m. Sip and Paint fundraiser

**April 30, Sunday** -- 12:15 p.m. Soul Matters  
“Transformation” with Rev. Chris 12:15 to 1 p.m. in Room 20.

– 1 to 2 p.m. Fifth Sunday Forum: Examining Whiteness led by Jamie Capach

## Community Events

**Sunday, April 16** -- 6:30 a.m.: Sunrise Easter Service hosted by Greater Newburgh Interfaith Council, 6:30 a.m. 40 Front Street, Newburgh, outside River House Restaurant

**Sunday, May 7** - Celebrate Rabbi Freedman on the 25th anniversary of his ordination – 4 p.m., Temple Beth Jacob, 290 North Street. “Lavish hors d’oeuvres and deserts.” \$54/plate, RSVP by 4/19. (845) 562-5516 for more information.

## Sunday Services

Our Sunday services are held at 9 Vance Rd, Rock Tavern, NY at 10:30 a.m., unless otherwise noted. *While we make every intention to publish an accurate calendar, topics may be subject to change. Please consult [uucrt.org](http://uucrt.org) for the most up-to-date listings. We welcome all seekers regardless of age, creed, race, ability/disability, class, sexual orientation, and gender identity.*

### April 2: Rev. Chris J. Antal Deep Remembering

Remembering the parts of our past that are painful is a necessary step towards transforming the art of the possible and making a new future.

### April 9: Bill Domanico What are our Temples?

What is sacred to us and is it being desecrated?

### April 16: Easter Meditation

Music, Meditation and your thoughts about spiritual renewal.

### April 23: Sandra Kissam Saving Steward State Forest: Nothing’s Final!

Recollections of the 17-year struggle that turned the Airport’s Stewart Buffer Lands into Stewart State Forest. And the need for ongoing vigilance.

**April 30: Rev. Chris J. Antal**

### **Reframing**

When we think about ourselves and the situations we face in more than one way we break out of the frames that bind us and open new paths to growth.

## **From Your Minister**

The Rev. Chris J. Antal

Transformation? Do we need a major change in our appearance, in our form, in our essence? This sounds suspiciously like a call to be “born again.” Something in me resists the theme for this month.

We have all experienced making New Year’s resolutions or something of the sort. We resolve to change this or that about ourselves. Some of you may be doing this during the Christian season of Lent. This year I resolved to keep a daily journal. I invested in a rather expensive journal with 2017 stamped in the hard binding and the date imprinted on each page. I thought this would be an incentive for me to actually follow through with my resolution. Sadly, I did not even make it through January. I think I need to accept that being a journal keeper is just not who I am. Does anyone want a very nice slightly used 2017 journal?

I’m not sure if the right question is: “How do we transform ourselves into something or someone else?” Maybe we ought to be asking: “How do we become more authentic, more genuine, to whom we are?”

I am more at ease with an approach to “transformation” that means “metamorphosis.” A caterpillar undergoes a transformation of sorts when the caterpillar becomes a butterfly. Is that caterpillar born again? The appearance changes; the form changes; the essence does not change.

For me, transformation means deepening, specifically, a deepening commitment to the covenantal commitments that we affirm and promote as Unitarian Universalists. Rather than ask, “What does it mean to be a community of transformation?” I prefer to ask: How committed am I personally to the UUA principles and purposes and the UUCRT which seeks to affirm and promote them? What can I do to nurture a deeper collective commitment to our *covenant*?

## **A Message from the Lay Commissioned Minister**

We are a community of transformation. This month’s theme is a statement of faith that challenges us to move through the mud and the muck of personal despair and suffering, and turn it into something new.

It challenges us to imagine possibility, even as life seems to be falling apart.

This is not an easy path. In fact, it may take us deeper into our pain than we care to go. But the call to transformation does not leave us stuck; rather it is a call to renewal.

One of the paths of transformation that has called me the past few weeks is the path of creativity and art. As late actress Carrie Fisher has said, “Take your broken heart, make it into art.” These were words from a woman of Star Wars fame who knew the darkness of despair through struggles with addiction and mental illness, yet who will always be remembered as a strong advocate who gave my generation the indomitable Princess Leia.

This past month, I looked out at the frozen world and felt the heaviness of these times. I took out my watercolors and began to transform a blank slate into image and color. On the edges of the page, lines of poetry surfaced like salamanders long dormant beneath winter ice, suddenly coming to life in a warm hand.

The test of this moment in history may indeed be one of imagination: To plant seeds when the world is dark. To see what is invisible to the eye. These are our hands and our minds, the stuff of faith, the stuff of art.

What will you create from the mud? How will this community of painters, potters, musicians, dancers, actors, poets, teachers, and community builders transform the difficult to imagine a new way?

This is my spiritual challenge to you in this month of transformation: to look deep into the mud of your pain, and create art. After all, a Buddhist saying tells us, “no mud, no lotus.” I invite you to imagine: What will your lotus look like in full bloom?

In faith,  
Terri Pahucki

A Note: This month, I will be away from the pulpit at UUCRT, as I am completing my spring semester at Hartford Seminary. From April 5-8 I will be serving as a chaplain and worship leader at the UU-UNO Intergenerational Seminar in New York City. I have been involved in many aspects of planning this conference, and am excited about our work to bring youth and adults together to imagine healing and justice, and act together to disarm our planet.



### ***Welcoming New Members!***

Congregation President Mike Landrum (left), Welcoming Ministry Leader Patti Beaumont (2<sup>nd</sup> from left) and Rev. Antal welcomed new congregation members Terry Hughes (3<sup>rd</sup> from left), Paul Martire and Joe Lezoli to the UUCRT at a new member ceremony on Feb. 26.

## **From our Ministries**

### **Stewardship & Finance**

On March 12, close to 30 congregants enjoyed lunch (provided by the S&F Ministry) and levity (courtesy of Mike Landrum and Hollis Kellogg) along with the kind of great fellowship our members provide and enjoy!

The purpose was the kickoff of the 2017-2018 Pledge drive. Also by now, it would be really great if you have given thoughtful consideration to how you can best support our congregation, and communicated with our Treasurer, Alan Horne. (UUCRT.Treasurer@gmail.com.) Each pledge, no matter the amount, makes a difference in our planning for the future. It is the commitment to the Congregation, as well as the dollars donated, that strengthens us.

## **Arts Ministry**

### **RECYCLE YOUR ART and GIVE FROM YOUR HEART**

From: Roberta Green

Our Sanctuary Gallery at the UUCRT has been filled in recent months with works of art that members and friends have submitted to our Silent Auction. Our hope in having these works available for sale has been to allow people to RECYCLE artwork that they may want to part with while raising funds for the UUCRT at the same time.

The person contributing the piece receives 50% and the UUCRT receives the other 50% of the Sale Price. A great way to clean house, find a new home for some beautiful art, while raising funds for our Congregation at the same time.

The current works still on display in our current Silent Auction are due to come down May 1st so if you've had your eye on a piece and not yet made a bid, please do so on or before that date. At that point, any unsold pieces will be returned to the owners and we will be ready for a new round of work to go on display the first week in May! New works will remain on exhibit with bids accepted until August 1st. Any works that do not receive bids during the first 6 weeks of the exhibit will be returned to their owners.

For all works you would like to submit, please send a JPEG to Gallery Coordinator Roberta Green at [rgclaycreations@gmail.com](mailto:rgclaycreations@gmail.com). Include approximate dimensions, the artist and the medium as well as your Reserve price if there is one (the price below which you are unwilling to part with the piece.)

If you do not have any of these details, not to worry. Send what you can, and if you can't provide pics, just call Roberta Green and arrange a time when you can bring them in for viewing.

Contact Info: Roberta Green, Gallery Coordinator at the UUCRT,  
Email: [rgclaycreations@gmail.com](mailto:rgclaycreations@gmail.com).  
Phone: (845) 544-1211

## **Social Action Ministry**

**Book Discussion Group: Sat. April 8th 10 - 12 a.m.** in our Fellowship Hall to discuss "Building a Movement to End The New Jim Crow" by Daniel Hunter, led by Jamie Capach.

**Black Lives Matter Task Force (BLMTF) Next Meeting - Sat. April 8th 12:15 at the Alexis Diner (Rt. 9W, Newburgh). New members welcomed.** Thank you to the Board of the UUCRT for supporting the displaying of the Black Lives Matter Banner on Rt. 207. Since they have already done this, there is no further need to petition them. Instead we move on to our next goal: to prepare our members for this vote at the May Congregational Meeting. Questions, Comments ~ please see Task Force members: David Bell, Verne M. Bell, Jamie Capach, Cynthia Gilkeson, Mike Landrum or Rev. Chris.

"Let's Talk About Whiteness!" ~ Excerpts from the lectures of Tim Wise on White Privilege will be shown on some Sunday mornings after the service in the entry way for discussion.

Examining Whiteness ~ The UUA Anti Racism Curriculum will begin in April led by Jamie Capach.

**Save the Date: UU-UNO Intergenerational Spring Seminar Apr. 6 – 8.**

## Religious Exploration Ministry

Here are the dates for the upcoming Religious education classes for children:

Sundays, April 2, May 7 and June 4

## News

### County Human Rights Commission to Recognize Rev. Antal April 19

The Orange County Human Rights Commission will be recognizing Rev. Chris J. Antal for his humanitarian deeds and actions at its 22<sup>nd</sup> annual awards dinner Wednesday, April 19 at Kuhl's Highland House, 512 Highland Ave., in Middletown.

Rev. Antal, Dr. Ron Israelski, Abdullah Rahaman, Lana Williams-Scott and Christopher D. Watkins, Esq. are this year's award recipients from the commission.

According to the Rev. Antal "I intend to receive the award on behalf of the UUCRT, and will have the opportunity to speak to the gathering about all the good work the UUCRT is doing and supporting."

A portion of the cost of \$65 per person goes toward a human rights scholarship for a graduating 2017 Orange County high school graduate. Reservations are required by April 7. RSVP to Inaudy Esposito

[iesposito@orangecountygov.com](mailto:iesposito@orangecountygov.com) or by mail to Orange County Human Rights Commission, 18 Seward Ave., Middletown, NY10940. Telephone: 845-615-3680.

There will be a social hour at 5 p.m., followed by dinner and program at 6 p.m.

### Have Fun and Find the Artist within You April 29 at the UUCRT

Come to Sip and Paint on April 29 from 7- 9 p.m. at the UUCRT! \$40 per person includes wine, snacks, a guided art lesson, and all the supplies needed to create your very own masterpiece!

This benefit for the UUCRT will surely be a fun time! Under the guidance of a Walkkill River School artist,

you'll experience a tailored lesson and awaken your creativity while sipping, snacking, and enjoying each other's company. Reserve your spot by credit card on this link on the UUCRT.org website: [Sip and Paint for the Unitarian Universalists](#) [Congregation at Rock Tavern.](#)



If you prefer not to register online, give \$40 to Jane O'Donnell who will reserve a canvas and palette in your name. \*Wine, snacks, and supplies included.\* You will leave with an awesome painting and lots of fond memories!

Come and discover the artist within you!

### Sustainable Warwick Presents Phil Ochs Tribute Concert April 7

Sustainable Warwick proudly presents a Tribute to Phil Ochs on Friday, April 7<sup>th</sup> in the UUCRT sanctuary at 7 p.m.

Phil Ochs was the quintessential social and political folk song activist of the 1960's and early 1970's with sharp wit, sardonic humor, earnest humanism, and political activism. He was a prolific composer/lyricist and recorded eight albums for such major labels as Elektra and A&M.

He cited Woody Guthrie, Pete Seeger, and Merle Haggard as major influences.

John Flynn ([www.johnflynn.net](http://www.johnflynn.net)) and Brother Sun ([www.brothersun.com](http://www.brothersun.com)) are the featured performers.

The evening's concert will be hosted by Phil's sister, Sonny Ochs of WIOX-Radio. Admission is \$25. For more information and seating reservations, please contact Russ Layne at (845) 325-1615 or [russlayne.layne@gmail.com](mailto:russlayne.layne@gmail.com).

Sustainable Warwick is a local non-profit organization dedicated to increasing public understanding of sustainability by providing information and encouraging individuals, community organizations, businesses, schools, and government to cooperate in protecting environmental quality and reducing carbon emissions.

### Alfred Cavalari Obituary

(Editor's Note: Alfred Cavalari, a stalwart figure in his community and longtime UUCRT congregant, died in January.)

Alfred F. Cavalari of New Windsor, NY, entered into rest on Friday, January 13, 2017, passing away comfortably in his sleep at home after a long and brave struggle with Parkinson's disease. He was 86.

The son of the late Alfred W. and Sophie Antioco Cavalari, he was born on May 26, 1930 in Brooklyn, NY.

He was a self employed attorney in Vails Gate, NY for 30 years. His many former clients, who through the years have expressed their sorrow at having lost their lawyer upon his retirement, are a testament to his life's work. He served his community as Town Attorney and as a Town Justice in New Windsor. The kind statements of support over the years from New Windsor police officers as to what he meant to them as a judge are a testament to his work on the bench and he appreciated hearing them.

A graduate of Cornwall High School and a member of the Unitarian Universalist Church of Rock Tavern, Al served his country as a Lieutenant in the United States Navy. He was very active in the anti-Vietnam War movement and opposed the war in Iraq. He saw war and tried to stop it.

Survivors include: his loving wife Agnes who cared for him at home the entire time; his three sons who are thankful for all he did for them: Alfred M. Cavalari and his wife Pauline; Scott Cavalari; Christopher Cavalari; four grandchildren: Ian, James, Jesse and Catherine; brothers: Frank and John Cavalari, brother and sister in law Dick and Lucille Carroll of Middletown, NY and numerous nieces and nephews.

There will be no services at the grave or otherwise per Al's request. Interment will take place in Friend's Cemetery, Cornwall, NY at the convenience of the family.

The family would like to thank everyone Al ever encountered at the Castle Point VA Medical Center over these many years for the attentive and loving care he received and for everyone we encountered at Hospice, without whom we would have felt lost.

Donations in Al's memory may be made to Hospice of Orange and Sullivan Counties, 800 Stony Brook Court, Newburgh, NY 12550 or to the Michael J. Fox Foundation for Parkinson's Research, Donation Processing, PO Box 5014, Hagerstown, MD 21741-5014.

## Gita Nadas Obituary

(Editor's Note: Gita Nadas, a gifted artist and loving mother, was a good friend to the UUCRT)

Ruth Gita Nadas of Rock Tavern, NY died on February 24, 2017 after a long battle with cancer.

Gita was born in the old Goshen Hospital in Goshen, NY on January 8, 1963 to Arthur and Linda Rahl Nadas.

She was a loving Mother, Daughter, Sister and Aunt. Gita was also a gifted artist and painter.

She is survived by her loving Son, Jakob Hegmann ; Parents, Arthur and Linda Rahl Nadas of Rock Tavern, NY; Sister, Tanya Nadas and her husband John Fearon of Pleasantville, NY; Brother, Stephen Nadas and his wife Susan of Boston; Uncle, John Rahl of Rosendale, NY as well as her nieces and nephews, Rachel and Joshua Nadas, Joseph Kamara and Lily and Violet Fearon.

Gita was predeceased by her sister Eve Nadas.

A gathering of family and friends was held Sunday, February 26, 2017 from 10-11am at David T. Ferguson Funeral Home in Washingtonville, NY. A Prayer Service followed at 11am in the Funeral Home. Committal Services will be Private.

***THE CHALICE LIGHT*** is the official  
newsletter of the Unitarian Universalist  
Congregation at Rock Tavern.

Mailing address: PO Box 502,  
Washingtonville, NY 10992-0502.  
Phone: (845) 496-9696.

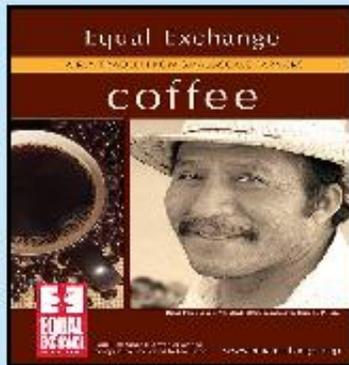
Our minister, the Rev. Chris J. Antal, serves us half-time and is available to the congregation two Sundays a month and most Thursdays. To contact him, leave a confidential voicemail at (845) 297-2792, or send an email to [antal@uuma.org](mailto:antal@uuma.org).

Editor and email distribution: John Kinney. Copy proofing: Athena Drewes and Keith Jordan; print distribution: Athena Drewes.

Webmaster: Jay Beaumont,  
[jaybeaumont49@gmail.com](mailto:jaybeaumont49@gmail.com)  
Website: <http://www.uucrt.org>

Please send news to:  
[johnkinney@hotmail.com](mailto:johnkinney@hotmail.com) by the 15<sup>th</sup> of the month

# Fairtrade Fundraiser!!!



Be sure to try some of our organic coffee!



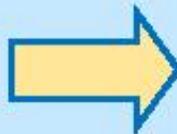
Fairtrade items on sale at our new Fairtrade table on the first Sunday of every month!



Coffee • tea • Chocolate • nuts  
olive oil • snack bars • COCOA  
CHECK out our new selections  
and support Fairtrade!!!

Staffed by volunteers.  
All proceeds go to the UUCRT.

Come see some of our new chocolates!





# The Orange County Human Rights Commission

*Cordially Invites You To  
Its 22nd Annual Awards Dinner*

## **HONORING HUMAN RIGHTS AWARD RECIPIENTS:**

**Reverend Chris Antal •• Dr. Ron Israelski •• Abdullah Rahaman  
Lana Williams-Scott •• Christopher D. Watkins, Esq.**

**Wednesday, April 19, 2017**

**Kuhl's Highland House**

512 Highland Avenue, Middletown, N.Y. 10940

Social Hour (Cash Bar) 5:00 pm •• Dinner & Program 6:00 pm

*Kuhl's Highland House is accessible for people with disabilities.*

**Cost: \$65 per person •• Reservations are required by 4/7/17**

RSVP to Inaudy Esposito– [iesposito@orangecountygov.com](mailto:iesposito@orangecountygov.com) OR by Mail:

**Orange County Human Rights Commission: 18 Seward Ave. Middletown, NY 10940. Tel: (845) 615-3680**

*Please make checks payable to Orange County Commissioner of Finance.*

NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_

**Please Select Dinner Choice:**

Roast Pork  Chicken Marsala  Pasta Primavera  Eggplant Rollatini  Vegetarian

Baked Chicken (*Gluten Free*)  Roast Pork (*Gluten Free*)  Kosher Pot Roast

Seating Preference: \_\_\_\_\_

*A portion of the cost will fund a Human Rights Commission Scholarship for a 2017 Orange County High School Graduate*